





# Plumpton

This is your chance to get away for four days of fun!

The riding on the South Downs is excellent, with many miles of bridleways for you to explore, offering you some of the most spectacular views in the South East.

You can either download a pre-mapped route from OS Maps or create your own, either way you choose how far and at what speed you want to ride. You can even take part in an all-day ride where we will meet you en-course with refreshments for you and your horse.

The facilities at Plumpton Racecourse include airy outdoor stables for your horse and a dedicated camping area for you.

The price of £400 for camping represents exceptional value and includes, breakfast, lunch and evening meals, stabling with bedding and hay.

Informal evening lectures and activities are also included subject of which is still to be confirmed.

How about a bit of extra pampering? You can also treat you and/or your horse to some relaxing Bowen Therapy\* with Pennie Clayton.

The emphasis of this break will be on a relaxed, welcoming atmosphere where you can cone and enjoy some special time away with your horse.



**Pre-ordered T-shirts are available to buy prior to the camp.** T-shirts will be black with either strapped or short sleeves, with the 2024 colour variation of the logo. Please state design when ordering your t-shirt. Sizes have historically come up small so to avoid that muscle top look (unless you want that style) please order a size or two larger.





## Plumpton

#### Sample weekend itinerary

Day One Arrive from 12pm. Find out the weight of your horse & get some expert nutritional advice with Spillers Settle in you and your horse Time for a short hack 17.30 - Evening Meal 20.00 - Welcome get together, drinks and quiz.

#### Day Two

#### Option of all day ride with us meeting you with lunchtime refreshments for you and your horses.

8.00-08.45 - Breakfast 09.00-12.00 – Ride out on South Downs 12.30-13.30 - Lunch (packed so you can take it with you if you wish) 13.30-17.00 – Ride out on South Downs 17.30 - 18.00 - Evening meal Evening lecture/activity/talk (TBC)

Day Three 8.00-08.45 - Breakfast 09.00-12.00 - Ride out on South Downs 12.30-13.30 - Lunch (packed so you can take it with you if you wish) 13.30-17.00 – Ride out on South Downs 13.30-1700 – Bowen Therapy Sessions for you and your horse\* 17.30 - 18.00 - Evening meal Evening lecture/activity/talk (TBC)

Day Four 8.00-08.45 - Breakfast in College Cafeteria 09.00-12.00 - Ride out on South Downs 12.30-13.30 - Lunch in College Cafeteria/Thank you's Vacate stables by 2pm

#### This itinerary is meant as a guide and is subject to change





## Plumpton

Complete this form and email to <u>amanda.hamley1@gmail.com</u>

## Summer Camp 25th-28th July 2024

First Name	Surname		
Name of Horse			
Contact number	Е	mail	
You will be kept inform	ed about the camp by email	unless otherwise r	requested.
I would like to receive ( parties)	details about <u>future</u> camps l	by email □ (Your	r details will never be passed on to third
Please give full names of	of other people attending in	your party	
*at an additional cost a	nd subject to availability.		
	irt* @ £18 Strapped □ s XS 30 -32/ S 32-34/ M 34·		38-40 Mens also available)
Bowen Therapy* with each and last approx 1h	•	booked and paid fo	for prior to the weekend. Treatments cost £50
I would like to book a E	Sowen Session at £50 each fo	or Me 🗌	My horse
	-	· ·	medication that we should be aware
Please inform us of any	dietary requirements		
Non-refundable deposi	t of £50.00 sent (date):		
by instalments accepted		id by balance due	<b>ditional items) by 31 May 2024</b> (payment date. Acc Name: Amanda Hamley Sort: 20-25-
Signed		.Date:	



BOOKING FORM

## Plumpton

#### **Terms and Conditions**

Please return your form and copies of your horse's passport and vaccination card.

(This camp is for over 18`s only).

A deposit of £50.00 is payable upon booking. This is non-refundable and non-transferable.

Full balance of £450 for a room/ £400 for camping, plus any additional items you have booked is required by 31 May 2024. If not received it will be presumed that you no longer wish to attend and your place will be given to someone else.

Cancellation:

60 or more days prior to camp: full refund less deposit Between 31-59 days prior to camp: 50% refund less deposit 30 days or less prior to camp: no refund

The organisers reserve the right to cancel the event, in which case a full refund will be given or the opportunity to transfer to the following year.

The organisers are not liable for any adverse weather conditions (for example, but not limited to, heat/rain/wind) that may affect the camp.

The organisers advise you take out holiday insurance that covers you in the case of having to cancel your place at camp due to COVID-19, or any other unforeseen circumstances.

COVID 19 at Plumpton Racecourse; The Racecourse will take all reasonable precautions to manage the spread of COVID 19, and would ask guest to abide by their policies and any Government guidance's in place at the time of your booking,

Whilst hard hats are not mandatory by law, for the purpose of this camp all riders are to wear a hard hat to conforming to current British standards when mounted.

Body protectors are advised for Show Jumping.

All riders MUST have adequate insurance to cover any incident that may be caused by them or their animals (minimum third party).

Neither the organisers nor the owners of the facilities will be held responsible for any loss, damage or expense incurred to any person, property or animal at the event.

A copy of your horse's passport and vaccination record must be sent by email when you return your booking form. The college rules are that **horses must have been vaccinated no more than 6 months prior to the last day of camp and no less than 7 days before attending camp (for clarity horses will need to have been vaccinated between 28<sup>th</sup> January and 17<sup>th</sup> July to attend camp)**. These terms are subject to change by Plumpton College.

The organisers reserve the right to ask a participant or spectator to leave the premises at any time.

The camp is open to any rider/handler over the age of 18.

No dogs.

The racecourse do not have the facilities for turn out.

# BOOKING FORM

### Plumpton

Courtesy for other attendees must be shown at all times to ensure an enjoyable break.

RIDING HORSES IS A DANGEROUS SPORT AND YOU PARTICIPATE AT YOUR OWN RISK.

I have read and agree to the terms and conditions and have emailed copies of my horse's passport, vaccination card.

Signed.....Date....