



National Forest TREC

Training and full TREC competition

June 17th and 18th 2017

Being run on behalf of Central TREC Group by and in aid of TREC GB Senior International riders representing TREC GB in the European Championships 2018

To be held at Knowle Hill Equestrian, Ingleby Lane, Ticknall, Derbyshire. DE73 7JQ
By kind permission of Michael Stanton

Format for the weekend

Saturday will be a Training day for levels 1, 2A & 3 followed on Sunday by a Level 1 "Have a Go" TREC as well as a Level 1 full Qualifier Competition and Level 2A/3 practice POR.

This is an ideal weekend opportunity to get involved in the sport of TREC or to increase your confidence at both introductory level and for those wanting to compete at Levels 2A and 3

The venue will be open from 5 pm on Friday for those wishing to arrive early. Saturday will offer a variety of training ideal for newcomers to the sport. There will also be grids and bearings training for competitors wishing to move up to Level 2A and Level 3 and the opportunity to do ridden practice on measuring of paces, MA and practice on a variety of PTV obstacles.

On Sunday there will be an L1 non-competitive "Have a Go" TREC suitable for beginners to the sport. For the more ambitious there is a L1 affiliated qualifier competition as well as L2A and L3 training POR rides. The L2A and L3 routes will be a shorter route than in competition and will comprise predominantly of grids, bearings and other alternative maps that might be encountered in full L3 competitions. Riders will carry a sealed marked route should they wish to change back to a normal 1:25,000 map. This allows you to practice and test yourselves on these specific skills without the pressure of a full competition.

Although the weekend is tailored to encourage riders to take advantage of both days this is not compulsory. Riders may enter just the Saturday or Sunday if preferred.

Enquiries – Lynne Mabbitt, Greenridges, Allington Rd Sedgebrook, Grantham, Lincs. NG32 2EJ.
lmabbitt1@hotmail.com 07771551798

What is TREC?

TREC is a fun riding event usually comprising three phases. The competition involves the skills and situations a rider might encounter on a hack, including map reading (using Ordnance Survey maps usually 1:25 000 scale)

The three phases:

POR (mounted orienteering)

You are provided with a map, onto which you copy the route. Then you follow the route at pre-determined speeds (usually between 6 and 12 kph). Along the route there are checkpoints, where you are likely to be given a change of speed. There also may be markers, or tickets, to be noted on your record card, which is also provided. Riders usually start at 5 minute intervals. In Pairs classes this phase is ridden as a pair, with MA and PTV ridden separately.

MA (control of paces)

This is a test to determine the rider's control of the horse's paces. Canter as slowly as possible and walk as fast as possible. This will be timed over a marked corridor, up to 150 meters long.

PTV (cross country trials)

A timed course involving up to 16 obstacles aimed to simulate what you may meet on a hack. Some of the course may take place dismounted. You can decline to do an obstacle without being eliminated but must stop and tell the judge at that obstacle.

After the three phases the points gained by the individual/ pair are totalled and the highest total wins.

REQUIRED EQUIPMENT

Tack and equipment will be checked. The following should be carried on the POR phase.

POR Compulsory Equipment (for all riders) Riders will not be permitted to start the POR without carrying ALL the items on this list:

- Approved hard hat. (Hat approval changed 2017 please check current required standard)
- Headcollar and leadrope or combination bridle
- Medical armband with emergency phone numbers for the event
- Horse ID with rider details and emergency phone numbers for the event
- First aid kit for horse and rider Human kit to be carried on the rider.
- Torch (suitable for riding after dark. A head torch or similar to read the map and a light to make you and your horse visible to car drivers/walkers are recommended.)
- High vis clothing (minimum of fluorescent strips on the rider's torso)
- Whistle (for use in emergencies) to be carried on the rider .
- Level 3 & 4 riders: correctly sized hoof boot or similar and (for shod horses) a set of emergency farrier's tools suitable for the removal of a shoe. Level 1 & 2 competitors are advised to carry these but it is not required.

POR Additional Equipment (for all riders) Failure to have these items incurs a 2 point penalty for each item up to a maximum of 10 penalty points:

- Compass
- Hoof pick
- Pens (for map marking – ideally two colours, permanent ink with thin nibs, red and fluorescent orange are popular for route marking and black or blue for notes)

- **Waterproofs**
- **Mobile phone – If a rider chooses to carry a mobile phone must it must be carried on the rider.**

Every competitor whether competing as an individual or as part of a pair should carry all of the equipment listed except the farrier tools (one between the pair is sufficient).

Helpful equipment for the POR phase

Map case, Drink/snack for rider, Coins for emergency phone call, Digital watch (or stopwatch).

***Hard hat and medical armband are required for ALL phases of the event. Tack used must remain the same for all three phases. Hard hats must comply with one of the standards listed in the TREC GB Rulebook (3rd edition revised).**

HEALTH AND SAFETY

The event manager/organiser will take all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day.

Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The event manager/organiser may provide contact telephone numbers for emergency veterinary and farriery services.

Competitors are asked to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.

Format for Training Saturday 17th June

Level 1 training suitable for newcomers and riders with limited TREC experience keen to learn more about the sport.

L1 AM Setting up a coral and see some typical coralling equipment
Classroom session - Brief intro to the 3 phases of TREC
Intro to the POR and map room
See some of the POR equipment
Map room practice and critique
Basic intro to map reading – Map orientation using compass
Map scale
Some of the info found on maps

Measure your own paces on foot

PM Measure paces on horse
Practice MA
Short explanation of PTV obstacles – 3 types
Obstacle practice in small groups. Someone will be available to replace poles etc.

You will receive instruction in how the obstacles are marked.

Level 2A/3 training suitable for riders wishing to gain more experience or just hone their skills in the grids and bearings section.

L2A/3 AM Obstacle and MA practice in small groups. Someone will be available to replace poles etc but there will be no instruction. Advice can be given on how the obstacles are scored and what the judges are looking for.

Opportunity to measure horse`s paces over a measured distance

PM Grids/bearings powerpoint
View of equipment
Classroom grid practice and critique
On foot grids/bearings exercise

Sunday 18th June

Riders who are under the age of 14 must ride in one of the pairs classes, with a pair who is over 18 on the day of the competition.

Classes

Class 1 **L1 "Have a Go" non-competitive TREC Individual** (non-qualifier) ideal for first timers POR route length 10-15km, PTV Obstacle height up to 60cms

Class 2 **L1 "Have a Go" non-competitive TREC Pairs** (non-qualifier) ideal for first timers POR route length 10-15km, PTV Obstacle height up to 60cms

Classes 1 and 2 will follow the format for a TREC competition but are non-competitive. You will receive your own scores but not see anyone else's. There will be a completion rosette but no placing rosette and no prizes. A stress free way to get involved in the sport!

There will be no fixed obstacles in the PTV. Purple Beta Level 3 body protectors are advised but not mandatory

Class 3 **L2A practice POR only Individual** length 10 – 15km

Class 4 **L2A practice POR only Pairs** length 10 – 15km

Class 5 **L3 Practice POR only Individual** length 10-15km

Class 6 **L3 Practice POR only Pairs** length 10-15km

L3 will have more advanced practical challenges than L2A although the same length of route.

L1 TREC GB Qualifier classes further info in schedule below

Class 7 **Level 1 Individual**, suitable for first timers

Class 8 **Level 1 Pairs**, suitable for first timers

POR route length 10-15km, PTV Obstacle height up to 60cms

Classes 1 and 2 & 7 and 8 will be run on *Sunday 18th* in their entirety.

POR route length 10-15 km, PTV Obstacle height up to 60cms

There will be no fixed obstacles in the PTV. Purple Beta Level 3 body protectors are advised but not mandatory

| Entry fees (per rider): | Club members | TREC GB Red members/ members of any other TREC GB club | Non members |
|--|--------------|--|-------------|
| Saturday training | £25 | £30 | £35 |
| Classes 1 – 2(Have a Go TREC) | £24 | £29 | £34 |
| Classes 3 – 6(POR Practice TREC 2A & 3) | £15 | £20 | £25 |
| Classes 7 – 8(TREC GB L1 Qualifier) | £30 | £35 | £40 |

L1 Qualifier schedule follows on after the training schedule. There is one entry form to be used for both training classes and affiliated L1 classes at the end of the schedule.

We are offering a £5 discount for entering both the Saturday and Sunday

Outline timetable

| <i>Day</i> | <i>Time</i> | <i>Event</i> | <i>Location</i> |
|-----------------|----------------------|--|-----------------|
| <i>Friday</i> | <i>17.00</i> | <i>Venue open. Please phone the organiser if you need to arrive before this.</i> | |
| <i>Saturday</i> | | | |
| | <i>09.00</i> | <i>L1 classroom and on foot training</i> | |
| | <i>09.00 – 13.00</i> | <i>MA and PTV obstacles open for L2A and L3 practice</i> | |
| | <i>14.00</i> | <i>L2A/L3 classroom grids/bearings training and on foot practice</i> | |
| | <i>14.00</i> | <i>MA and PTV obstacles open for L1 practice</i> | |
| <i>Sunday</i> | | | |
| | <i>08.30</i> | <i>Judges' briefing</i> | |
| | <i>09.00</i> | <i>MA and PTV (level 1)</i> | |
| | <i>1100</i> | <i>POR Level 1</i> | |
| | <i>09.00</i> | <i>POR Level 2A/Level 3</i> | |
| | <i>16.00</i> | <i>Prizegiving</i> | |



Equisafety Summer Series 2017



National Forest TREC

British L1 TREC Qualifier competition

**Organised by Central TREC Group in aid of Senior International Riders
representing TREC GB in the European Championships 2018**

By Kind permission of Michael Stanton

Technical Delegate – Jackie Bennett

Kindly sponsored by Equisafety <http://www.equisafety.com>

Level 1 Affiliated British TREC Competition – Everyone welcome.

This competition gives you the chance to ride across picturesque countryside along a route that has been checked for accessibility. The competition will take place mostly off road. Classes for individuals and pairs.

There are classes available to those who have little or no TREC experience

Classes 7 & 8 carry points for the SEIB Summer League, kindly sponsored by SEIB Insurance Brokers <http://www.seib.co.uk>

Enquiries – Lynne Mabbitt, Greenridges, Allington Rd, Sedgebrook, Grantham Lincs. NG322EJ

Entries must be received by 3rd June late entries will be accepted at the discretion of the organiser and may be subject to a surcharge. Please enter early as places will be limited. If full a waiting list will be kept.

Entries and schedules: Lynne Mabbitt, Greenridges, Allington Rd, Sedgebrook, Grantham, Lincs. NG32 2EJ.

For more information visit our website www.trecgb.com / www.trecgroup.co.uk

Sponsors:



TREC GB is proud to be sponsored by **Equisafety** for the **2017 Summer Series**, which will culminate in the prestigious Equisafety National TREC GB Championships on 19th and 20th August 2017 at Foxhill Equestrian, Eydon, Nr Daventry, Northamptonshire, NN11 3QB

Equisafety is generously providing rosettes for the 1st-3rd prize winners in each class at every full TREC competition in 2017.

TREC GB is proud to be sponsored by **SEIB Insurance Brokers** for the **2017 Summer League**. SEIB are generously providing rosettes and prizes for the 1st-10th prize winners for each level in the league.

Classes:



Class 7 **Level 1 Individual**, suitable for first timers

Class 8 **Level 1 Pairs**, suitable for first timers

POR route length 10-15km, PTV Obstacle height up to 60cms
Classes 7 and 8 will be run on 18th June in their entirety.

Riders who are under the age of 14 must ride in one of the pairs classes, with a pair who is over 18 on the day of the competition

Classes 7&8 will be qualifying classes for the 2017 National Level 1 Championship (Riders DO NOT have to be a TREC GB member at time of qualification, but will be required to join as a Red or Blue member before the closing date of the Championships). Full details about eligibility and qualification criteria can be found at www.trecgb.com.
Classes 7 &8 will count towards the 2017 SEIB TREC GB League. Full details about eligibility and the calculation of league placings can be found at www.trecgb.com.

| Entry fees (per rider): | Club members | TREC GB Red members/ members of any other TREC GB club | Non members |
|-------------------------|--------------|--|-------------|
| Classes 7 - 8 | £30 | £35 | £40 |

Non member entry fees include day membership to *Central TREC Group*. TREC GB Blue members must quote a TREC GB club membership number or pay the non member rate.

Non members – why not join *Central TREC Group* and save up to £10? Membership form available at www.trecgroup.co.uk.

All entries must be in writing and accompanied by the correct entry fee. All classes are subject to sufficient entries and the organisers reserve the right to cancel or amalgamate classes as necessary. Entries are on a strictly first come basis, enter early to avoid disappointment.

Entry closing dates and refunds/withdrawals

Entries close on 3rd June. Withdrawals up to this date will receive a full refund.

Any refunds for withdrawals after the closing date will be entirely at the discretion of the organiser.

Start times and directions

These will be available on the Central TREC Group website www.trecgroup.co.uk by the Wednesday before the event. If you do not have access to the internet please enclose a first class SAE with your entry. Please only telephone for times if you have not received them by the Thursday immediately before the event, in which case call the organiser on 07771551798

Camping and corralling

Ground conditions permitting, overnight parking and corralling are available on Friday / Saturday / Sunday nights at the venue at a cost of £5 per horse per night including a vehicle/tent used for human accommodation. Please book in advance. Please note that you must provide your own electric fencing and charger.

Tents being used as overnight accommodation must be pitched in the separate area provided. This is for health and safety reasons. Any person found to have pitched a tent in the corralling field will be asked to move it immediately.

Toilets and showers

There will be toilets but no showers on site.

Water provision

Water for horses/ humans will be available on site.

Catering

There is no catering on site. However fish and chips may be ordered and paid for before 6pm on Saturday and will be collected and brought to the venue by the organiser. There is also a pub within one mile of the venue, booking in advance is advised

Farrier

A farrier will be not be on call for this event. Please ensure your horse is appropriately shod before attending.

Vet

If you require a veterinary surgeon contact the organiser or ring 07771551798. All veterinary treatment must be paid for on the day.

Photographer

We hope to have a photographer on site for one or both days.

Helpers

All TREC competitions rely on the support of volunteer judges and helpers. Can you or anyone coming with you lend a hand?

Please contact Lynne Mabbitt on 07771551798 or lmabbitt1@hotmail.com if you can assist us with judging or stewarding on the day. Competitors can also help us with setting up,

clearing equipment away, collecting scores etc. No judging experience necessary – we are grateful for all offers of help and you will learn lots from the inside! Even a couple of hours' help can make a difference and there are lots of jobs suitable for non-horsey mums/dads/partners. We provide all judges with free refreshments and all day judges will receive a CTG voucher.

TREC RULES

Rules as per the 3rd edition TREC GB rulebook, which can be found at www.trecgb.com/Rulebook.html.

- 1) Horses must be a minimum of four years old to compete at Level 1, 2 and 2A and five years old to compete at levels 3 and 4 (ie for levels 1, 2 and 2A, a horse born in 2013 may compete in 2017). Mares more than four months pregnant may not compete.
- 2) The welfare of horses competing in British TREC competitions is paramount. No horse may compete if it is unsound or unfit to carry the rider for any reason. Any rider who continues on a horse that they know to be unsound or that has been definitively stopped by the veterinary surgeon or designated competent official on fitness and/ or welfare grounds will be eliminated from the competition.
- 3) Riders under the age of fourteen on day of competition may only compete in Pairs classes and must be accompanied by a rider of **18 years or older**. Pairs ride together for POR and separately for the MA and PTV. Parents/guardians of competitors under the age of 16 will be required to complete a Parental Consent Form (available on the TREC GB website).
- 4) All riders competing must be members of either *our TREC Club*, TREC GB or a GB TREC Club. Non members will pay an additional £5 to become members of *our TREC Club* for the duration of the competition.
- 5) Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = kicker, Green = young/inexperienced horse, Blue = stallion. If the horse/pony is a stallion then stallion discs must also be worn on both sides of the bridle.
- 6) No rider will be permitted to start any phase of the competition unless wearing a hard hat, which meets a standard currently approved (listed in Appendix 2 TREC GB Rulebook). The appropriate hats should have the BSI 'KITE' mark and/or Inspec IC Mark and/or the American equivalent, the 'SEI' mark securely (non-removable) attached to the hat. Medical armbands must also be worn for all phases.
- 7) Riders must wear a BETA level 3 standard body protector (Purple Label) for the PTV phase. **From April 1st 2017 An approved body protector must be worn for the PTV at all levels unless the course includes no ridden fixed jumps. The definition of a fixed jump includes jumps such as hedges, path crossings, steps up, steps down and tree trunks which cannot be knocked down.** Body protectors are recommended on the PTV phase even when no fixed jumps are used.
- 8) Riders must wear clothing that is suitable and practical for riding out in the countryside. Horses must wear the same tack (saddle and biting arrangement) for all three phases.
- 9) Horses may compete shod or unshod. Horses with loose or badly fitting shoes will not be allowed to compete. The state of shoeing will be noted at the vetting or tack check and this will be considered the minimum shoeing for the POR for that horse. If a horse loses a shoe on the POR and no hoof boot/ similar is available to replace it then the rider will be eliminated and the horse must be led/walked back to the venue by the shortest route or transported in a horsebox/trailer.
- 10) Standing martingales and other fixed reins are forbidden. For led PTV obstacles the horse must be led using the reins taken over the head or a headcollar and leadrope. If a horse is ridden in a running martingale it must be led from a headcollar and rope for any led obstacles on the PTV, unless the martingale can be unclipped from the neckstrap so that the reins can be taken over the horse's head.
- 11) Whips must not exceed 75cm (1m for side-saddle) overall length (including any thong or tassel). Spurs, if worn, must be rounded, not exceeding 3cm in length and **point downwards**.
- 12) Mobile phones may be carried for use in emergency but must be declared prior to start of POR and be switched off. Level 1 competitors may be asked to ride with their phones turned on and provide their mobile number to the organisers at the tack check. **For this completion mobile phone will be left on and the number left with the tack checker.**
- 13) During the POR phase riders must wear fluorescent/reflective hi-vis clothing. The minimum requirement is clearly visible fluorescent strips (or garment) on the rider's torso. It is strongly recommended that this is also reflective, and is supplemented by a fluorescent/reflective hatband and fluorescent/reflective hi-vis on the horse.
- 14) Medical armbands and ID are compulsory and must be worn for all three phases of the competition. The medical armband should include basic information to help any First Aid staff to assist you and should be easily visible.

Information should include: name, address, next of kin with contact details, competitor number, emergency telephone number for event and any relevant medical information (such as allergies, any current medication).

- 15) If a rider / pair returns to the venue without having passed through the finish checkpoint (ie still in possession of their record card) they must report to the map room or an official immediately.

It is your responsibility to familiarise yourself with the basic rules. The TREC GB Rulebook (3rd edition 1 February 2017) can be found on the TREC GB website, www.trecgb.com/Rulebook.html.

National Forest TREC Training and TREC competition

Entry and Membership Form

Saturday 17th & Sunday 18th June 2017

Rider's name: D.O.B:

Address:

..... Post code.....

Email:..... Telephone.....

I am / am not a Central TREC Group member (please circle) Membership No.....

I am / am not a member of another TREC GB club (please circle)

Club Membership No.....

I am / am not a TREC GB member (please circle) Membership No.....

Your TREC GB membership numbers MUST be quoted in order for qualification and league points to be awarded.

Horse name:..... Horse Age:.....

Height:..... Breed:.....

Sunday. Class..... Pairs/ Individuals..... Pairs partner.....

Entries. Entry fees are at the end of the training schedule

| | | FEE £ |
|----------------------------------|---|-------|
| Saturday training level required | | |
| Sunday class | | |
| Corralling | <i>£5 per horse per night Fri/ Sat/ Both (please circle)</i> | |
| Discount | <i>-£5 for booking training and competition</i> | |
| Total | | |

TREC GB will keep your personal information and may contact you. TREC GB will not share your details with other organisations. Please tick the box if you do **NOT** want TREC GB to hold your information.

I enclose a cheque for £..... **made payable to 'Central TREC Group'**, for entry fees and corralling. I have read and understood the rules and agree to abide by them.

SIGNED:

If the competitor is under 16 a parent or guardian must sign. A parental consent form must also be sent for any riders under 16. The form is available on the TREC GB website.

Starting times and full directions will be on the Central TREC Group website www.trecgroup.co.uk web site by the Wednesday prior to the competition. If you do not have internet access please enclose a SAE with your entry for this information. If you have not received your info by *date* please phone *the organiser* on 07771551798

To help us with planning and catering if you are bringing a helper will you please give their details below.

Name..... Level of experience.....

Email Address..... Mobile number.....

.....

.....

Entries to Lynne Mabbitt Greenridges, Allington Road, Sedgebrook, Grantham, Lincs. NG322EJ